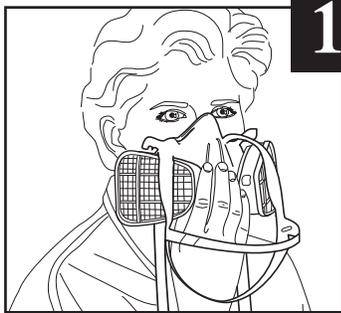


# Fitting Instructions for 3M™ Half Facepiece Respirators

Issue Date 01/01/04

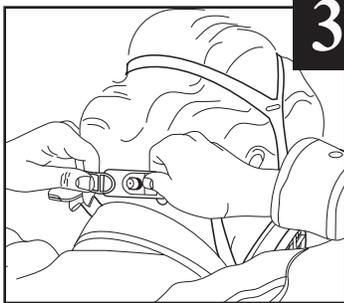
## Wearing your elastomeric half facepiece respirator



**1** Place the respirator over your nose and mouth with bottom straps unfastened.



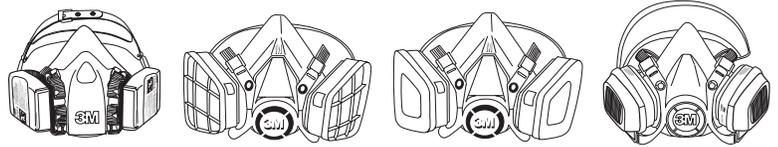
**2** Pull the top strap over your head, placing the head cradle on the crown of your head.



**3** Hook the bottom straps together behind your neck.



**4** Adjust strap tension to achieve a secure fit.

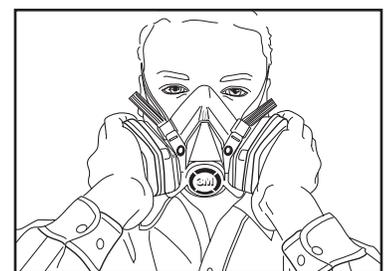


## Check the seal of your elastomeric half facepiece respirator each time you don the respirator.



### 1. Positive Pressure User Seal Check

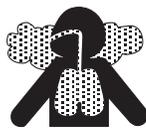
Place the palm of your hand over the exhalation valve cover and *exhale* gently. The facepiece should bulge slightly. If air leaks between the face and the faceseal of the respirator, reposition it and adjust the straps for a more secure seal. If you cannot achieve a proper seal, **do not** enter the contaminated area. See your supervisor.



### 2. Negative Pressure User Seal Check

Place your thumbs over the center of the filters and *inhale* gently. The respirator should collapse slightly. If air leaks between the face and the faceseal of the respirator, reposition it and adjust the straps for a more secure seal. If you cannot achieve a proper seal, **do not** enter the contaminated area. See your supervisor.

Place the palms of your hands over the cartridges and *inhale* gently. The facepiece should collapse slightly. If air leaks between the face and the faceseal of the respirator, reposition it and adjust the straps for a more secure seal. If you cannot achieve a proper seal, **do not** enter the contaminated area. See your supervisor.



## **⚠ WARNING**

These respirators help reduce exposure to certain airborne contaminants. **Misuse may result in sickness or death.** Before use, the wearer must read and understand **User Instructions** provided as a part of product packaging. Time use limitations may apply. For proper use, see package instructions, supervisor or call 3M OH&ESD Technical Service in U.S.A., 1-800-243-4630. In Canada, call 1-800-267-4414.

### **Important**

Before using these respirators, you must determine the following:

1. The type of contaminant(s) for which the respirator is being selected.
2. The concentration level of contaminant(s).
3. Whether the respirator can be properly fitted on the wearer's face. Do not use with beards, on other facial hair, or other conditions that prevent a good seal between the face and the faceseal of the respirator.
4. Before use of these respirators, a written respiratory protection program must be implemented, meeting all the requirements of OSHA 29 CFR 1910.134, including training, medical evaluation and fit testing.



### **General Offices**

3M Center  
St. Paul, MN 55144-1000

#### **For more information, please contact:**

#### **3M Occupational Health and Environmental Safety Division (OH&ESD)**

#### **In the U.S., contact:**

**Sales Assistance**  
1-800-896-4223

**Technical Assistance**  
1-800-243-4630

**Fax On Demand**  
1-800-646-1655

**Internet**  
<http://www.3M.com/occsafety>

**For other 3M products**  
1-800-3M HELPS

#### **In Canada, contact:**

3M Canada Company, OH&ESD  
P.O. Box 5757  
London, Ontario N6A 4T1

**Sales Assistance**  
1-800-265-1840, ext. 6137

**Technical Assistance (Canada only)**  
1-800-267-4414

**Fax On Demand**  
1-800-646-1655

**Internet**  
<http://www.3M.com/CA/occsafety>

**Technical Assistance In Mexico**  
01-800-712-0646  
5270-2255, 5270-2119 (Mexico City only)

**Technical Assistance In Brazil**  
0800-132333

**Fax On Demand O.U.S. Locations**  
1-651-732-6530